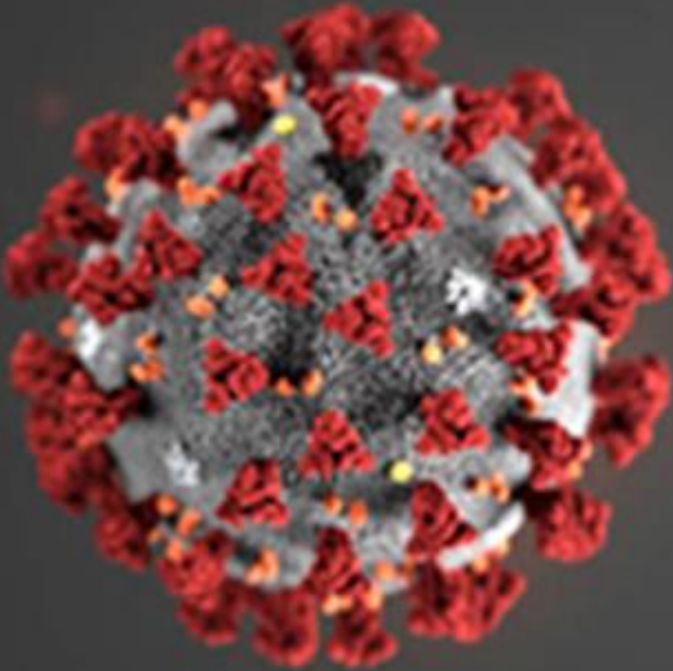




CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT



COVID-19 Update

**San Antonio
Metropolitan Health District
April 8, 2020**

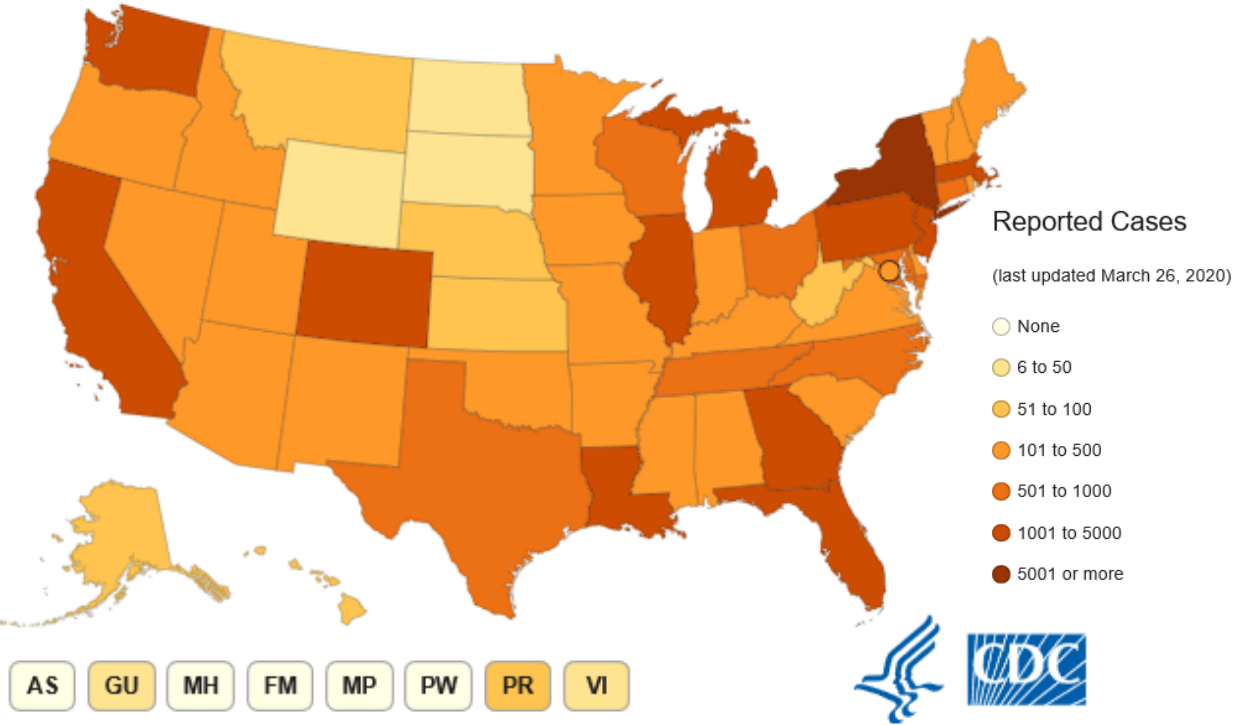


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METROPOLITAN HEALTH DISTRICT

Current Situation

Public Health Response

Current Situation in US



Case Status (as of 4/7/20)	Number of People
Total confirmed	374,329
Travel-related	1,669
Close-contact	6,847
Under investigation	365,813
Total deaths	12,064



COVID-19 in Bexar County

Information is updated daily at
www.sanantonio.gov/covid19

Case Status (as of 4/7/20)	Number (%) of People
Total confirmed	503
Travel-related	124 (24.7%)
Close-contact	179 (35.6%)
Community-spread	150 (29.8%)
Under investigation	50 (9.9%)
Total deaths	18





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Precautions Higher Risk Screening Tool

How is COVID-19 Spread?

- Droplets produced through coughing and sneezing
- Close personal contact, such as caring for an infected person
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands



• REDUCE YOUR RISK •

You can help prevent the spread of respiratory illnesses with these actions:



Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose and mouth with unwashed hands.



Avoid close contact with people who are sick.



If you feel sick, stay home and please contact your healthcare provider.



Clean and disinfect frequently touched objects and surfaces.

Prevention



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3/17/2020

For more information visit: sanantonio.gov/COVID19

Who is at higher risk of getting very sick?

- Older adults
- Live in a nursing home or long-term care facility
- People of any age who have serious medical conditions like:
 - Chronic lung disease, moderate/severe asthma
 - Serious heart conditions
 - Immunocompromised, including cancer therapy
 - Severe obesity
 - Uncontrolled diabetes, renal failure, liver disease



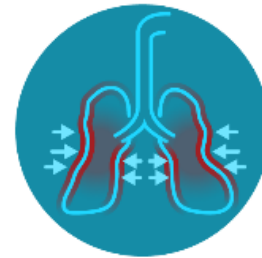
Prevention for those at higher risk

- **Stay home** as much as possible
- **Wash your hands** and use hand sanitizer when possible
- Practice **Social Distancing** (6 feet from others)
- Use **Cloth Mask** if you go to public spaces
- **Call your doctor** if you develop warning signs such as difficulty breathing, persistent pain or pressure in the chest, confusion, or blueness of the lips or face.



What are the Symptoms of COVID-19?

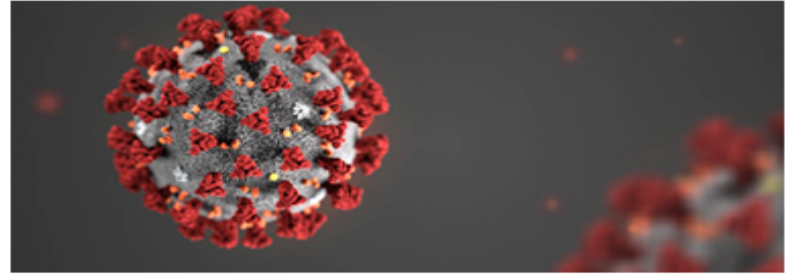
- Fever
- Cough
- Shortness of breath
- Muscle aches or fatigue
- Severe illness
- Symptoms may appear 2-14 days after exposure



Screening Tool

- On city's main web page:
- <https://www.sanantonio.gov/>

CITY SPOTLIGHT



COVID-19 (FORMERLY KNOWN AS CORONAVIRUS)

Metro Health is closely monitoring the outbreak caused by a novel coronavirus, now known as COVID-19.

Take the COVID-19 Self-Screening to determine if you should be tested for COVID-19.

Take a self-screening

210.207.5779

covid-19@sanantonio.gov

Please visit www.sanantonio.gov/covid19 for more information.



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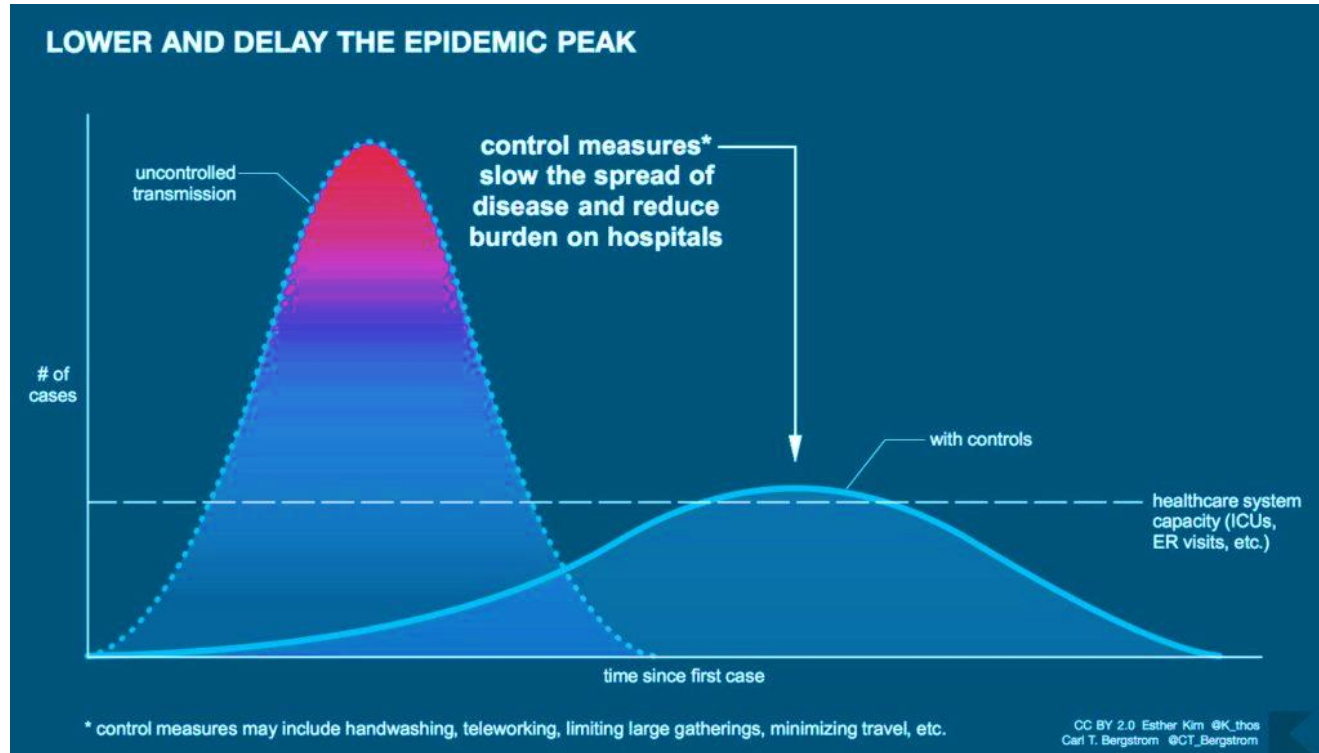


CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT

Current Situation

Public Health Response

Public Health Response: “Flatten the Curve”





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“Stay Home, Work Safe”

Mayor Nirenberg’s and County Judge Nelson Wolff’s Orders

Stay Home, Work Safe:

- Collaboration between City and County officials
- Measures enacted to “flatten the curve” of COVID-19 cases
- Residents are expected to follow new guidelines
- Mayor’s and County Judge’s Orders:
 - **Stay** at **home**,
 - Social distancing at **work** to stay **safe**
 - Limit movement to minimum **essential** trips,



What does “essential” mean?

“Businesses and organizations that are providing products and services that are needed by the community during this crisis are exempted.”

- ✓ Health care operations
 - ✓ Critical government functions and services
 - ✓ Public transportation
 - ✓ Childcare services
 - ✓ Construction, utilities and information technology
 - ✓ Financial Institutions
 - ✓ Grocery stores
- ...and others listed in the order

Includes 16 sectors of essential critical infrastructure identified by the U.S. Department of Homeland Security

What is allowed? – Four Activities

1. Activities for health/safety of yourself, family and pets
2. Obtaining necessary supplies for family and household
3. Exercising outdoors with a 6-foot social distance
 - Cycling, jogging, walking
4. Working for an exempt business or doing an exempt activity while keeping a 6-foot social distance

[Full text of Mayor's Orders and the County Order](#) is posted on City of San Antonio website. (English and Spanish)



What is not allowed?



- Leaving your home while sick
- Visiting hair salon/barber (Closed – Non-essential)
- Visiting friends or gathering outside your home
- Outdoor activity/exercise in groups if not maintaining six foot distance



What is not allowed?



Nursing Homes, retirement and long-term care facilities

- Non-essential visitors are prohibited from visiting
- **unless** they are providing medical assistance or visiting a friend or family member expected to pass away soon.



Enforcement

- Expectation is that businesses and the community **will comply on their own**
- Enforcement through SAPD and redeployed staff, such as Code Enforcement
- Experience is that enforcement calls lead to **voluntary compliance**
- City Declaration and County Order provide **maximum flexibility** in enforcement

To file a complaint,
please call the SAPD
non-emergency line:
(210) 207-SAPD





CITY OF SAN ANTONIO
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An aerial photograph of the San Antonio skyline at sunset. The sky is a mix of orange, pink, and light blue. The city lights are beginning to glow, and the silhouettes of various buildings are visible against the bright sky. The Tower of the Americas is a prominent feature in the center of the skyline.

COVID-19 Testing in San Antonio

Who should seek testing?

Testing is NOT recommended for everyone:

- **People with mild symptoms should stay home** and not overwhelm the healthcare system
 - Separate yourself from other people in your home, this is known as home isolation
- **People with has severe symptoms** (fever, cough, and shortness of breath) **Call before going** to any clinic or urgent care, or emergency department
- A [screening tool is available](#) on the Metro Health website.



Who is Eligible for Testing?

All Testing By Appointment ONLY

- First responders (with supervisor authorization)
- Healthcare workers
- VIA bus drivers
- Individuals who have symptoms.

What If I need help accessing healthcare?

- If you have symptoms, **and** do not have a doctor **or** can't afford urgent care:
 - Call the COVID-19 Hotline at **(210) 207-5779** for assistance.
 - If you are eligible, Hotline staff will give you directions for testing.
 - Testing takes 10 to 15 minutes
 - Test results should be available within 4-5 business days.



Immigration Issues

- Immigrants are afraid to use publicly funded programs because of an immigration rule called “**public charge**”
- The Federal Immigration Service says that using publicly funded programs is not an issue for COVID-19 medical care.
- Immigrants are also fearful to seek medical attention because many are uninsured. FQHC clinics can assist uninsured immigrants.
- Metro Health testing is free and available to all regardless of status.



VIRUSES DON'T DISCRIMINATE

AND NEITHER SHOULD WE.

Stigma will **NOT** fight coronavirus.
Sharing accurate information will.



CITY OF SAN ANTONIO
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Learn more: sanantonio.gov/health



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COVID-19 Resources

- Metro Health
 - www.sanantonio.gov/health/2019ncoronavirus
- Department of State Health Services
 - <https://dshs.state.tx.us/coronavirus/>
- CDC
 - <https://www.cdc.gov/coronavirus/2019-ncov/index.html>



More COVID-19 Resources

- Full text of the March 23rd Stay Home, Work Safe orders: (English and Spanish)

<https://www.sanantonio.gov/gpa/News/ArtMID/24373/ArticleID/18651/City-of-San-Antonio-and-Bexar-County-announce-Stay-Home-Work-Safe-Orders>

- Metro Health COVID-19 testing information:

<https://www.sanantonio.gov/Health/News/Alerts/CoronaVirus#281783824-testing->



COVID-19 Hotline

311

(210) 207-5779

Available in English and Spanish

Monday-Friday 8 am – 7 pm

Saturday-Sunday 8:30 am – 4:30 pm

Email: covid-19@sanantonio.gov





Questions?



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